## DRUMMER SCRIPT

Official: "Mister starter, the race is yours". Starter: "Attention!" **Drummer**: Paddles Up!... (as soon as you hear "attention!") [START] Drummer: Wuuuun, Twoooo, Threeee, Fooour, Fiiiive, Siiiix, Sehven, Ayyght, AND One! Two! Three! Four! Five! Six! Seven! Eight! Re-eeach, III-It, O-out, Wunn, Twoo, Threee. etc. Watch. The. Pacers. Breath. Reach. Rotate. Hit. Hit. Reach. Rotate. **Focus** Ten, Nine, Eight, .....etc. (say the words longer if you need to slow them down) Powerrrrrrrr! Ten! Nine! Eight! Seven! Six! Five! Four! Three! Two! One! Re-eech. I-It. O-out. Watch. The. Pacers. Breath. Reach. Timing Hit. Hit. Reach. Breaaathe! Focus Ten, Nine, Eight, .....etc. Powerrrrrrrr Through The Finish! Ten! Nine! Eight! Seven! Six! Five! Four! Powerrrrrrrr Ten! Nine! Eight! Seven! Six! Again! Powerrrrrrrrr Ten! Nine! .......

(Keep going until the end of the course. After the race, help communicate to the team what steersperson is commanding. Make sure team is attentive to the steersperson.)